

NLCCC Meeting Minutes

March 22, 2017

*Meeting was postponed to this date due to weather on original scheduled date of March 15th.

The NLCCC March meeting was called to order at 11:40am.

Weather: Sunny/Windy, 34 Degrees

In attendance (15 ppl): Priscilla Melecio, NLCCC; Susan Larouche, NLCCC; Willeen Pun, NLCCC; Jamie Irwin, NLPS/BDJMS; Karensa Mansfield, Ledyard Prevention Coalition; Chris Cardoni, ShopRite Pharmacy;; Ellen Kleckner, NLYA; Kevin Booker, BDJMS; Rob Keal, Miranda Creative; Amy Griffin, BDJMS; Carolyn Wilson, Ledyard Prevention Coalition; DeJohn Joseph-Exum, Sound Community Services, Orlando Centeno Ramos, Sound Community Services, Pam Allen, Community Health Center, Adacil Dominguez, Volunteer

Welcomes and Introductions:

Members were welcomed and thanked for attending the meeting.

I. Reviews/Updates:

- Willeen Pun was welcomed and introduced as the new Prevention Assistant/Youth Leader for NLCCC. She will be working roughly 12-15 hours per week.

II. Strategic Framework process SPF

Assessment

- Youth survey 2016 results were reviewed. Highlights of the survey results were discussed, especially the concern for increase in opioid use among youth.
 - The data and results will be used for promotional and marketing campaigns in the future for NLCCC.
 - A discussion opened up about the decrease in marijuana in NL youth, implying the NLCCC's efforts are working. Legalization was discussed and the possible obstacles that the coalition will be facing when this becomes a reality.
- Karensa Mansfield provided an overview of the SPF process, highlighting the 5 important steps of the evidence-based process to address prevention. Coalitions can be active in doing multiple steps at once with the main goal of sustainability and cultural competence.
 - Step 1: Data Collection: The biggest component of assessing with the importance of looking at the various sources to collect data from as well as the process in doing so.
 - Step 2: Build Capacity: Stakeholders must be engaged and awareness created in order to build a plan of action. This is constantly going on during the SPF process.

- Step 3: Planning: Prioritizing and balancing in order of importance and changeability. Then build a logical road map of the plan, ensuring that an evidence-based curriculum is always used and the community is ready in order for success to occur.
- Step 4: Implementation: Create an action plan with deadlines and assign people to complete tasks, delegating responsibility. Ensure that cultural competence is present during the entire process.
- Step 5: Evaluate: Document all details of the plan and outcomes, highlighting a way to share with the community.
- The SPF overview led to a discussion about trends of drugs and the ways they are used in the current day and age.
 - Priscilla shared about the Mock Teen Room on April 4th as a way to engage parents in drug/drug paraphernalia recognition. NLCCC will be planning an event such as this as well, partnering with NLPD, Writer's Block, and Mitchell College.
 - The idea of having various trainings for the coalition members was presented, with training on Drug Trends and Uses being a topic of interest to all members.

III. Capacity

- Committees' assignments were reviewed and upcoming projects were highlighted. The media committee will be initiating a plan to implement a billboard message in New London.
- Promotional items were passed around for members' input on things to purchase for marketing. Members agreed on purchasing a Lance Armstrong/USB bracelet and a headphones/keychain/cell phone stand. All products will have the NLCCC logo and website for promotional purposes.

IV. Planning/Implementation

- The NLCCC Spring Newsletter was reviewed by members for approval. The newsletter focused on the rising problem with prescription medication. It was suggested that the newsletter needs to include a new fad called "Syzrup" which is a combination of Nyquil (or other cough syrup) and Mountain Dew that many youth are trying.
- The Newsletter will be distributed to all permittees as usual but also to the Board of Education, schools, and city hall etc.
 - This opened up further discussion of more drug trends and Chris Cardoni shared with members that Shop Rite has half of their stock of cough syrup stolen.
 - Members brainstormed ways to address problem such as moving it behind the pharmacy counter etc. The idea of surveying other pharmacies in the area was discussed in order to see how much of a problem this is as a whole throughout
- The Parent Guide will now be available in English and Spanish thanks to Miranda Creative, Don Kean, and will be distributed among the schools for parents to utilize.
- The Report Card was distributed for members to approve. All members agreed that the report card looked great and approved it to be sent for printing.
- The Drug Take Back event will be happening at NLPD on April 29th, the National Drug Take Back Day. However, NLCCC discussed having another one for more success at a location other than the police department. Shop Rite was suggested as it's in a big shopping plaza.

Chris Cardoni will check with Shop Rite and get back with an answer and a date will be nailed down. Projection date is early May.

V. Coalition Sharing

- Chris Cardoni, Shop Rite Pharmacy, informed members about the New London Senior Center Health Fair on Monday March 27th from 5-8pm. It will take place at the Senior Center in New London.
- Ellen Kleckner, New London Youth Affairs, informed members that job applications for summer employment will be available on April 13th. The age minimum is 14 years old by July 1st in order to be considered for employment.
- Priscilla Melecio, NLCCC, shared the date for the Mock Teen Room held in Colchester on April 4th for local parents and teens.

Meeting Adjourned at 1:00pm.